

Thursday, February 1, 2018
7:00 a.m. – 4:30 p.m.



WMCHealth
**Cardiovascular
Symposium**
for Nurses & Allied
Health Professionals
Crowne Plaza Hotel, White Plains, NY

Course Directors:

Gabbie Fried, RN
Vice President, Cardiovascular Services
Westchester Medical Center

Aileen M. Ferrick, RN, PhD, ACNP-C, FHRS
Coordinator of Cardiac EP Program
Westchester Medical Center

Course Description

This WMCHHealth Cardiovascular Symposium for nurses and allied healthcare professionals will offer a comprehensive update on conditions related to cardiovascular disease including topics related to, Valvular Heart Disease, Inherited and Congenital Heart Disease and Cardiomyopathies. This course will include a review of a comprehensive CV history and exam, including heart sounds, hemodynamics and ECG interpretation, evidence-based guidelines for medical management of hypertension, hyperlipidemia and genetic testing, management of valvular heart disease, treatment of congenital heart disease at birth and in adulthood, managing inheritable cardiac arrhythmias, cardiomyopathies common to women, pulmonary hypertension and cardiac transplantation.

Attendees will be able to broaden their understanding of CV disease processes, patient evaluation and treatment using both traditional and newer, advanced technological therapies. The faculty consists of leading experts, physicians, nurse practitioners and physician assistants, in the field of cardiovascular care. Didactic presentations will be followed by challenging case reviews with an audience participation system.

This conference will provide an opportunity for healthcare professionals to update their knowledge in caring for patients with CVD, valvular and congenital heart disease as well as cardiomyopathies and pulmonary hypertension.

Learning Objectives

At the conclusion of this conference attendees will be able to:

- Perform a comprehensive and focused cardiovascular H&P including having a basic understanding of heart sounds, ECG interpretation, and identify risk factors for sudden cardiac death.
- Define recommendations by evidence-based guidelines for the medical management of lipids and hypertension as well as genetic testing
- Understand the etiology and management of valvular heart disease (including hemodynamics), congenital and inherited heart disease, hypertrophic cardiomyopathy and cardiomyopathies common to women and for pulmonary hypertension.
- Identify factors leading to cardiac transplantation and understand the pre and post-transplant process related to patient care.

Target Audience

Health care providers including NPs, PAs, nurses, CV techs and other health care professionals interested in learning more about cardiovascular disease management.

WMCHealth Cardiovascular Symposium

for Nurses and Allied Health Professionals

Course Directors

Gabrielle Fried, RN

Vice-President Cardiovascular Nursing
Westchester Medical Center

Aileen Ferrick, PhD, ACNP-c, RN, FHRS

Cardiac EP Program Coordinator
Westchester Medical Center

Speakers

Chhaya Aggarwal, MD

Attending, Advanced Heart Failure Program
Westchester Medical Center

Joanne Bennett, MSN, FNP-C, CNE-BC

Heart Valve Program Coordinator
Westchester Medical Center

Kathy Brown, MS, ANPc, CCRN

Nurse Practitioner, Cardiac Transplant and
Mechanical Circulatory Support Program
Westchester Medical Center

Nandini Chandy, MS, CGC

Genetic Counselor
Boston Children's Hospital Physicians

Howard Cooper, MD

Director, Inpatient Cardiology
Westchester Medical Center

Ed Donovan, FNP-C

Nurse Practitioner for Arrhythmia Service
Good Samaritan Hospital/WMCHealth

David Drajpuch, MSN, CRNP

Adult Congenital Cardiology Nurse Practitioner
Lecturer, University of Pennsylvania School
of Nursing

Nancy Elmann, RN, MSN, CCRN, CHFN, NP-C

Cardiac Transplant and VAD Coordinator
Advanced Heart Failure Program,
Westchester Medical Center

Markus Erb, MD

Pediatric Cardiology, Westchester Medical Center
Assistant Professor, Pediatrics,
New York Medical College

Daniel Frenkel, MD, FACC, FHRS

Attending, Arrhythmia Service
Good Samaritan Hospital/WMCHealth

William Frishman, MD, FACC, FAHA, MACP

Director of Medicine, Westchester Medical Center
Chairman of Medicine and Rosenthal Professor of
Medicine, New York Medical College

Vanessa Hurta, FNP-BC, FPCNA, FNLA

Cardiac Lipid Specialist
Bellevue Hospital Center Lipid Clinic
Yale New Haven Health

Erin Jennings, FGNP-BC

Cardiac Transplant and VAD Coordinator
Advanced Heart Failure Program
Westchester Medical Center

Greg Lanier, MD

Director, Heart Failure
Westchester Medical Center

Carolyn Lifrieri, MSN, FNP-C

CT Surgery Clinical Coordinator
Westchester Medical Center

Valerie Marrero-Stein, RN, MSN, CPNP

Instructor of Pediatrics, New York Medical College
Clinical Care Coordinator, Genetic Services &
Lysosomal Storage Disorders
Boston Children's Hospital Physicians

Julio Panza, MD, FACC

Chief of Cardiology, Westchester Medical Center
Professor of Medicine, New York Medical College

Angelica Poniros, RCS, FASE

Clinical Manager of Non-Invasive Cardiology
Westchester Medical Center

David Spielvogel, MD

Chief of Cardiothoracic Surgery,
Westchester Medical Center
Professor of Surgery, New York Medical College

Patricia Wrobbel, DNP, MBA, RN, CPHD

Senior Vice President and Chief Nursing Executive
Westchester Medical Center

Agenda Thursday, February 1, 2018

7:00 - 7:50 a.m.	Registration and Breakfast	
7:50 - 8:00 a.m.	Opening Remarks	Patricia Wrobbel, CNO
8:00 - 8:10 a.m.	Welcome and Introductions	Gabrielle Fried, RN Aileen Ferrick, NP, PhD

Keynote Presentation

8:10 - 8:30 a.m.	Women's Health Initiative	William Frishman, MD
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Best Practice for Assessing and Managing Cardiovascular Disease

8:30 - 8:50 a.m.	Focused Cardiovascular H&P (includes audio of heart sounds)	Howard Cooper, MD
8:50 - 9:10 a.m.	Examining the Patient with Heart Failure	Nancy Elmann, NP
9:10 - 9:30 a.m.	Beyond the Basics: ECG Interpretation	Ed Donovan, NP
9:30 - 9:50 a.m.	Identifying Risk Factors for Sudden Cardiac Death Risk	Dan Frenkel, MD
9:50 - 10:10 a.m.	Cardiovascular Prevention: Get with the Guidelines for Lipid and HTN Management	Vanessa Hurta, NP
10:10 - 10:25 a.m.	Networking Break, Exhibit Viewing	

Manifestations of Valvular Heart Disease

10:25-10:45 a.m.	Hemodynamics of the Heart with Valvular Heart Disease	Julio A. Panza, MD
10:45-11:05 a.m.	The Aortic Valve: Etiology and Management of Disease	Joanne Bennett, NP
11:05-11:25 a.m.	The Mitral Valve Etiology and Management of Disease	David Spielvogel, MD
11:25-11:45 a.m.	Challenging Case with Valvular Disease (ARS)	Carolyn Lifrieri, NP
11:45 a.m. - 12:00 p.m.	Networking Break, Exhibit Viewing	

Inherited and Congenital Heart Diseases

12:00 - 12:20 p.m.	Common Congenital Heart Conditions Diagnosed at Birth	Markus Erb, MD
12:20 - 12:40 p.m.	Adult Conditions from Childhood Congenital Heart Disease	David Drajpuch, NP
12:40 - 1:00 p.m.	Managing Patients with Inheritable Cardiac Arrhythmias	Aileen Ferrick, NP, PhD
1:00 - 1:20 p.m.	Guidelines for Genetic Testing of Cardiovascular Conditions	Nandini Chandy, MA Valerie Marrero-Stein, NP
1:20 - 1:40 p.m.	Challenging Cases with Inherited Diseases (ARS)	Nandini Chandy, MA Valerie Marrero-Stein, NP
1:40 - 2:40 p.m.	Lunch and Hands-on Learning - Echocardiography and all it offers!	Angelica Poniros

Cardiomyopathies and Related Topics

2:40 - 3:00 p.m.	Cardiomyopathies Common to Women	Chhaya Gupta- Aggarwal, MD
3:00 - 3:20 p.m.	Unfolding the Mystery of Pulmonary Hypertension	Gregg Lanier, MD
3:20 - 3:40 p.m.	Management and Treatment of HCM	Srihari S. Naidu, MD
3:40 - 4:00 p.m.	The Cardiac Transplantation Process: Best Transplant Candidates, Patient Management Pre and Post	Kathy Brown, NP
4:00 - 4:20 p.m.	Challenging Cardiac Transplant Case (ARS)	Erin Jennings, NP
4:20 - 5:00 p.m.	Networking Reception	

ARS = audience response system



Venue Information

Crowne Plaza Hotel
66 Hale Avenue, White Plains, NY 10601
914-682-0050

Registration Information

Nursing and Allied Healthcare Professionals	\$125
Medical/Nursing Students	\$75

Online Registration

Please visit our website at
www.westchestermedicalcenter.com/CME
for registration and payment.

Online Registration Deadline

Register online by January 26, 2018;
Walk-in registration will be available the day
of conference.

Information

For information or questions please
contact WMC Conferences at
conferences@wmchealth.org
or **914.493.5756**

Cancellation Policy

Full refunds are available prior to January 22, 2018. After this date you may send an alternate to the event without additional charge. To request a cancellation or to make a change to the registration record, please send an email to conferences@wmchealth.org or call **914.493.5756**

Credit Information

6.5 CME credits applied for/CNE credits will be offered.

CME Accreditation Statement

This activity has been planned and implemented in accordance with the Accreditation Requirements and Polices of the Medical Society of the State of New York (MSSNY) through the joint providership of the Westchester Academy of Medicine and Westchester Medical Center. The Westchester Academy of Medicine is accredited by the Medical Society of New York (MSSNY) to provide Continuing Medical Education for physicians.

The Westchester Academy of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits.[™] Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE Accreditation Statement

This activity has been submitted to the Emergency Nurses Association for approval to award contact hours. The Emergency Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



**Heart & Vascular
Institute**

Westchester Medical Center Health Network



Nursing

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Westchester Medical Center Health Network

Westchester Medical Center
100 Woods Road
Valhalla, NY 10595

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